

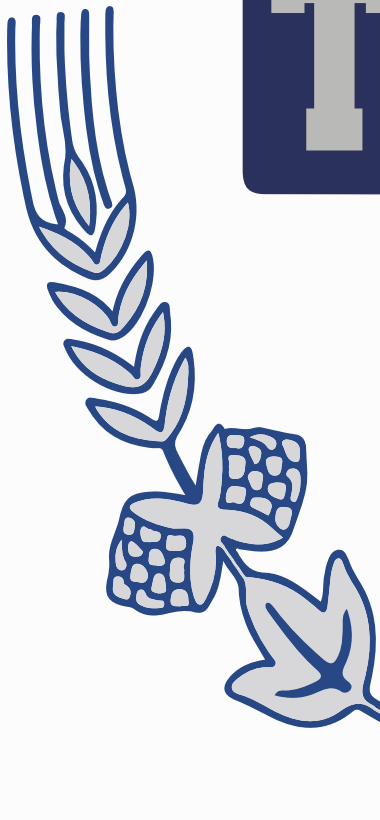
KNOW THE
LAWS

Georgia College's Official Student Newspaper

PLEASE DRINK
(& READ)
RESPONSIBLY

the

Made's
Twenty-one
& UP ISSUE



THE COLONNADE





About This Issue...

The Colonnade staff decided to have this special issue dedicated to people of legal drinking age. The Colonnade does not advocate underage drinking at all and this issue is not to promote drinking if you are under 21. For the recipes and healthy drinking options, there are always non-alcoholic options. For drinking in general, there are other options rather than going out or drinking. The staff does not want anyone to feel pressured to drink or feel as if drinking is the only way to have fun in Milledgeville. We are not writing these articles to tell people to get drunk. Getting drunk is not what we are advocating, rather having a safe and fun time enjoying the age when you can legally consume

alcohol. The reason why we decided to publish an issue dedicated to this activity is because as a student paper, we realize that going out to the bars, trying new drinks and socially drinking becomes a fun thing to do after you turn 21 in a college town. Also, with Oktoberfest coming up in less than a month, it's cool to highlight something that has become a common use of time. Oktoberfest is heavily celebrated in Helen, Georgia, a town only a few hours away from us. Not only are we covering alcohol and the options legal drinkers have, we have included resources of how to get home safely, getting help, if needed, with alcohol abuse, counseling centers

and resources for safe drinking. It's important to know your options for not drinking as well as knowing safe ways to drink. The Colonnade wants readers to be aware that there are four editors on staff that are not 21: Sam Jones, Nick Landon, Sydney Chacon and Angela Moryan. None of these editors wrote any articles involving alcohol, except Angela who wrote an article about drinking in Italy, where the legal drinking age is 18. At the time of consumption, she was 20. Remember, if you are of legal drinking age, drink responsibly. The opinions in the articles are those of the individual writers, not the entire staff.

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THE LITTER BOX

I'm going on a date to Dodo's this weekend and I've never been more excited for a date.

One time, I danced on a table.

I love beer.

Beer pitchers and trivia are great ways to spice up your week.

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Volume 92
No.7

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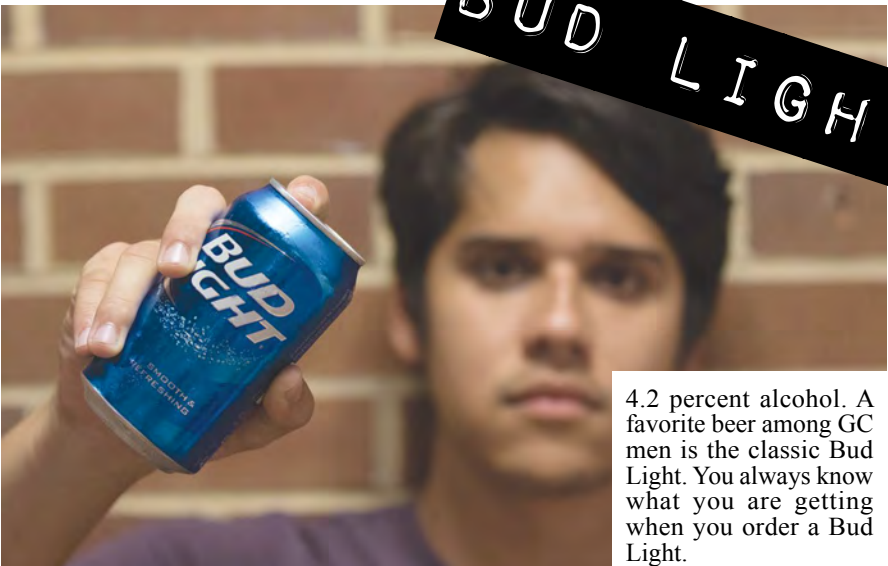
KNOW YOURSELF, KNOW YOUR DRINK

MARGARITA



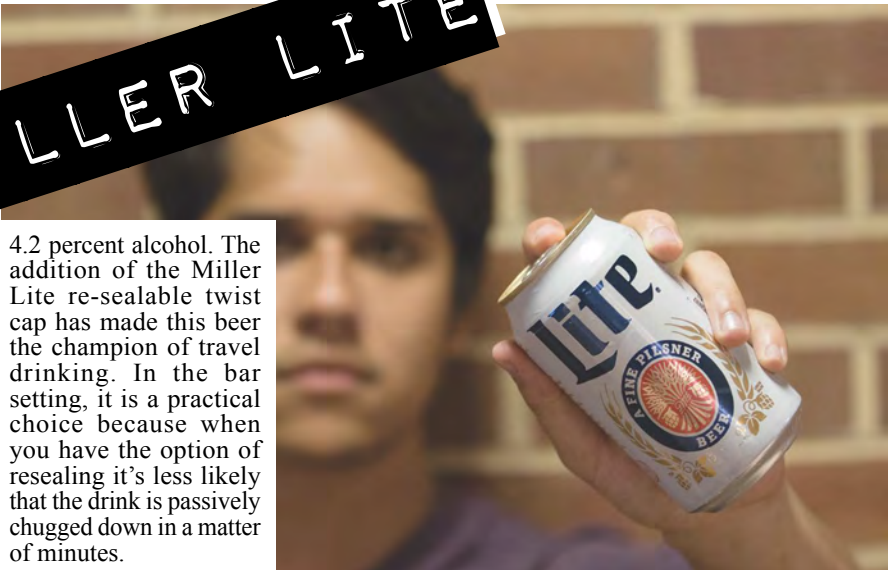
5.3 ounces. Margaritas a risk because if the bar serving them isn't a Mexican focused bar you risk drinking the same generic margarita mix served at your mom's tennis matches. Make sure you order it from someone who knows what they're doing.

BUD LIGHT



4.2 percent alcohol. A favorite beer among GC men is the classic Bud Light. You always know what you are getting when you order a Bud Light.

MILLER LITE



4.2 percent alcohol. The addition of the Miller Lite re-sealable twist cap has made this beer the champion of travel drinking. In the bar setting, it is a practical choice because when you have the option of resealing it's less likely that the drink is passively chugged down in a matter of minutes.

VOKDA WATER LIME



1.5 ounces. This is undisputed favorite of Georgia College women according to their friendly neighborhood bartenders. It's about as low calorie as a drink can be but the drinker is still getting the same average amount of alcohol as everyone else.

GIN & TONIC



1.5 ounces. This simple, classic drink is smash hit among a very specific audience: those who drink gin. Gin is an alcohol that tends to be loved or hated with very little in-between. Make sure to try it before you decide against it.

WHISKEY GINGER



1.5 ounces. Bartenders from The Velvet Elvis, Chops, Capital and Gringos agreed: this is the drink for bobcat men. The simple mix is easy to order and hard to mess up behind the bar.

LATE NIGHT EATERIES
Voted By You
IN ORDER OF POPULARITY



Laura Brink

The human body does not take in alcohol the way it takes in food, and the simple carbohydrates in most drinks cause a blood sugar spike followed by a blood sugar crash that leaves the drinker desperately hungry. In short, alcohol just makes you hungry.

For this reason, late night eateries were invented. After a night of fun in downtown Milledgeville, the bars close up and the lights come on and the most natural human instinct hits like a train: hunger (must... eat... food). Students flee to the few nocturnal restaurants and throw whatever change they have left after paying their bar tabs to fast food workers. This article takes a look at the merits of late-night Milledgeville's most popular food sources. The popularity of the restaurant was determined by a poll of 200 students.

2

Much like the Golden Pantry, **Barbs** quickly serves good food at a fairly reasonable price and is in a prime location in downtown Milledgeville. However Barberitos is only open late night on certain days of the week and the heartbreak of knocking on a locked Barbs door at 2:17 a.m. is too much sadness for any student to bear.



7

Waffle House is lower on the list but has passionate, loyal supporters. When the original poll taken for this article did not include WaHo, alumni Tyler Kemp was quick to comment, "You didn't put WH on here..." He received significant support once Waffle House was added to the poll. While most students consider Waffle House a day-after drinking establishment to get good coffee and mouth watering breakfast foods, it is still a tried and true late night eatery.



5

The staff at **Gringos** brings their A game on a nightly basis with margaritas, atmosphere that is still somewhat new and queso that is essentially liquefied heaven. Chips, queso and salsa are the only options for late night food which might explain Gringos fewer votes than the top four but a strong options none the less for cheese-lovers everywhere.

6

Taco Bell has the same distance issue as Cookout, only much worse. Taco Bell however, is incredibly consistent and popular not only in Milledgeville but in other towns, which makes it a safe bet for those who know exactly what they want to eat and will settle for nothing else.

Anything and Everything You Can Find Randomly In Your Kitchen

4

Cookout only came to Milledgeville two years ago, but it arrived with a huge impact. Food options span from quesadillas to the classic hamburger to wraps to milkshakes and more. The options are endless and the prices bring grateful tears to the eyes of all struggling, starving college students. The only flaw for Cookout is too far from downtown to walk to. This requires a taxi or a designated driver, and on a campus where the majority of students can walk or take S.N.A.P. home, this may pose an issue.

3



8

Huddle House is the lowest rated restaurant in the poll. The simple explanation for this would be the Huddle House is the opposite way that most people walk home from downtown. A tired, drunk student, sometimes in heels, already has to make the draining journey home, why would they walk two blocks in the opposite direction?

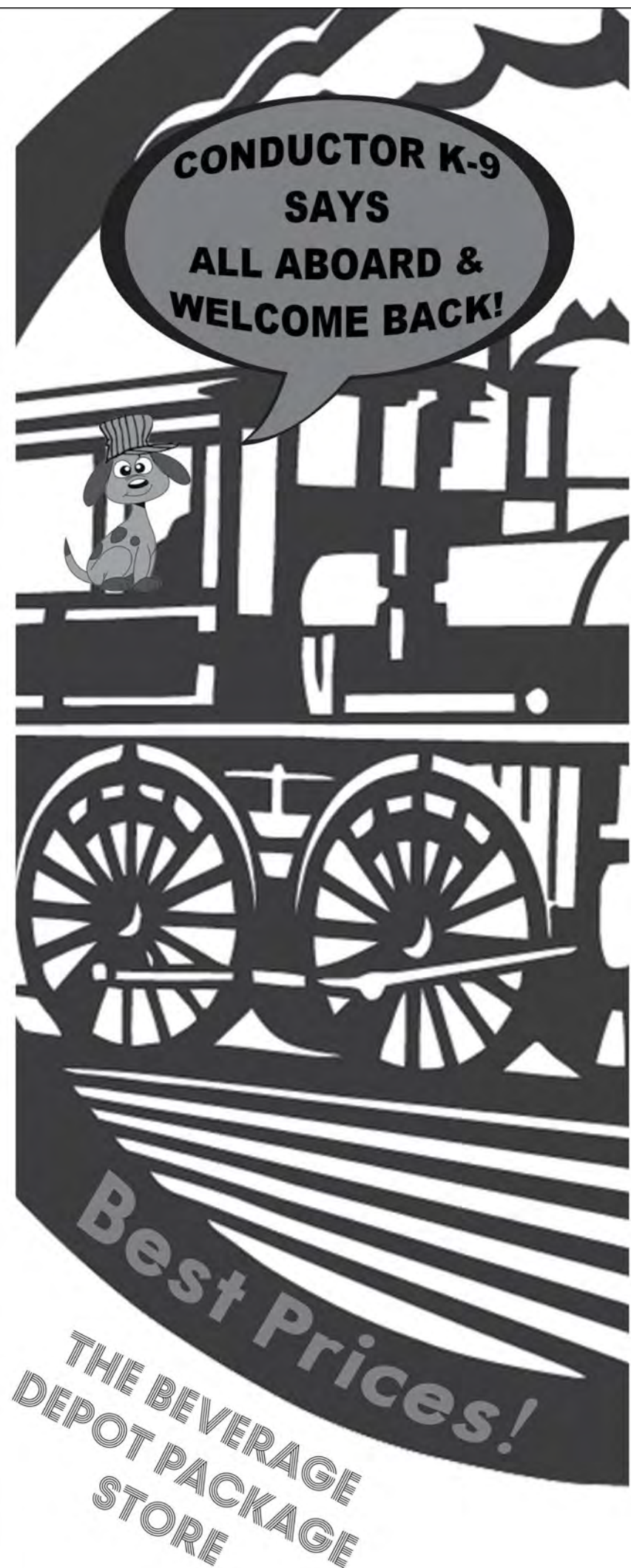
MILLEDGEVILLE'S
number one
AFTER-HOURS RESTAURANT:

Golden Pantry



I

Golden Pantry is indisputably the most popular late night restaurant. Not only is the food hot and delicious, but the proximity of GP to downtown makes it one of the safest and easiest places for drinkers to dine because there is no need to drive there from downtown. Add these factors to the reasonable prices and the convenience of also being in a gas station if there's anything you may need to pick up, it's clear why Golden Pantry is the winner.



Alcoholic beverages have been around for centuries, but few know the secret to brewing a successful swig of beer. The process may seem difficult, but the beer-brewing basics aren't as complicated as 21-year-olds might think.

start

Before you start, it is necessary to obtain the basic equipment, including a fermentation jug, siphon, tubing, cleaners, bottles and caps, yeast, malt, hops and certain grains or spices, depending on the recipe you choose. A beer brewing starter kit can be purchased online for as little as \$40.

The next thing you must do is to sanitize everything, literally. If any equipment is not properly sanitized it's possible for bacteria to accumulate in your mix, which leads to a not-so-tasty brew. It may end up smelling like vinegar or tasting like cardboard. Unless that sounds good to you, take this step seriously.

You begin the brewing process by boiling malt, hops and water. Place crushed grains in a grain bag and steep in boiling water at 150 degrees Fahrenheit, for 20 minutes. This process extracts the sugar from the grains and creates unfermented beer, or wort.

Take out the grain bag and boil the wort for an hour. During this step you can add ingredients such as flavoring hops, spices, like orange peel or cinnamon, or aroma hops. Milk stouts, for example, have lactose added at this stage. Lactose is a type of sugar that yeast can't ferment, so it adds a creamy, sweet flavor to the end product.

Next, add yeast to this mixture. The yeast will turn the sugars into alcohol. Wait until your wort mixture is cooled, and add the yeast so fermentation can begin.

Fermentation takes about seven days. Towards the end of day seven, the fermentation stage will be ending and the clearing stage will begin. Syphon the beer into another sterilized container for about seven more days for the clearing stage.

Once everything is fermented and cleared you can bottle the beer. Carbonation takes a little while once the beer is bottled, so 10 to 20 days after bottling you can put the bottles in the fridge and enjoy the fruits of your labor!

end

For more information, visit northernbrewer.com.

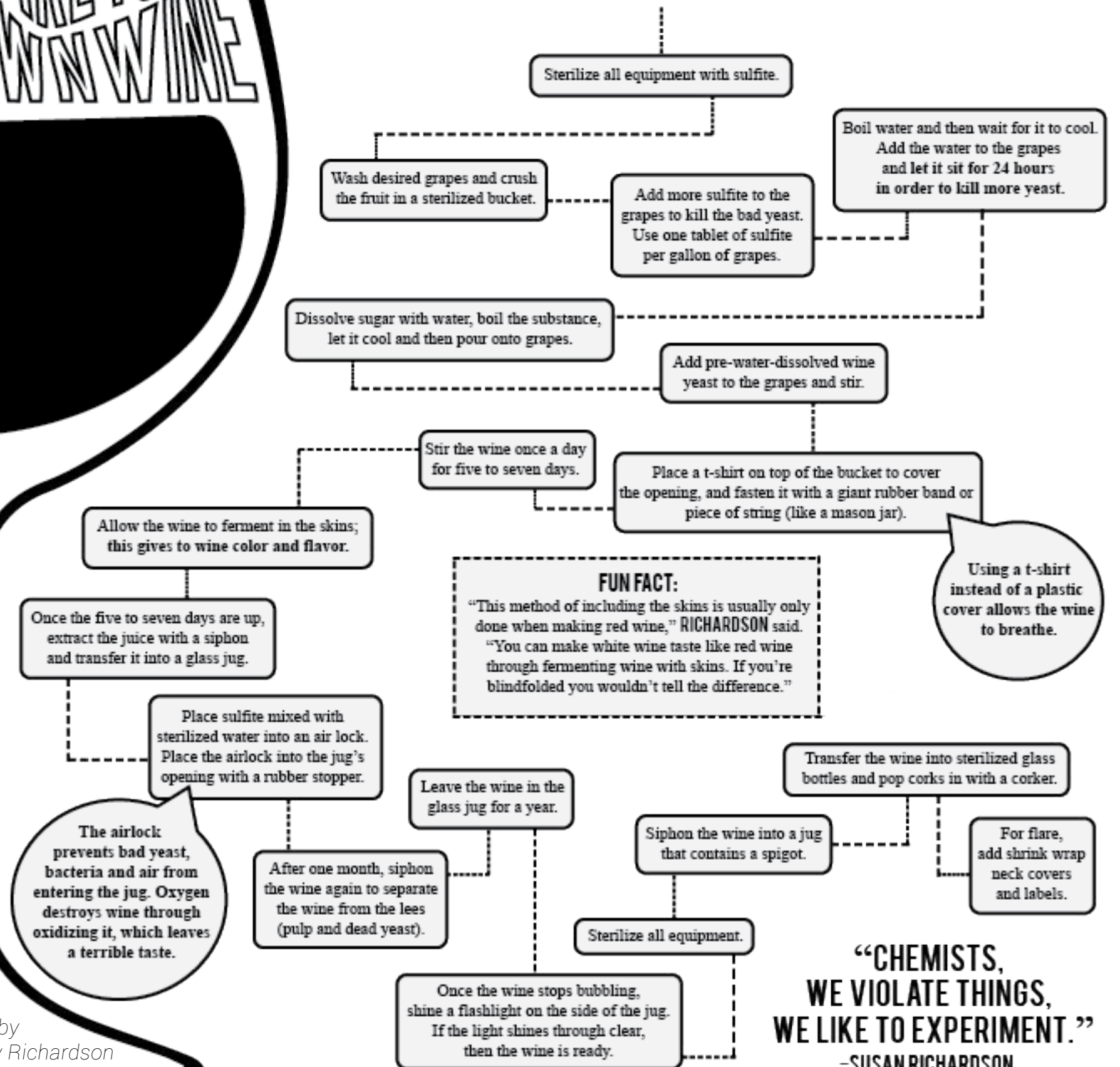
Story by Emily Davis

HOW TO MAKE YOUR OWN WINE

"Wine making is considered a rite of passage for chemists; at some point in your life you have to do that as a chemist."
-Susan Richardson, chemist, mother, winemaker.

SUSAN RICHARDSON, chemistry professor at the University of South Carolina made her first batch of muscadine wine over a decade ago. The practice transformed into a family effort and quickly embedded itself in Richardson tradition.

A STEP BY STEP PROCESS OF RICHARDSON WINEMAKING:



Story by
Kelsey Richardson

**"CHEMISTS,
WE VIOLATE THINGS,
WE LIKE TO EXPERIMENT."**
-SUSAN RICHARDSON

DRINKING ON A BUDGET



Amanda Selby @gcsunade

As the illustrious Kanye West once said, “We broke.” Most college kids can relate to this tragic sentiment. We face the constant struggle of wanting to enjoy ourselves when we’re not busy, but we usually lack the funds to do so. Fortunately, there are several ways to get your share of spirits without making your bank account hate you.

If you’re looking to have a fun night out on the town, it would be wise to take note of the nightly specials at some of the popular downtown bars.

Monday:

The Brick has \$6 domestic draft pitchers, Gringos has a buy one get one deals on happy hour

drafts, Velvet Elvis has \$3 off pitchers and Amici has \$3 bombs and \$6.50 domestic pitchers to be enjoyed along with trivia.

Tuesday:

Amici and Velvet Elvis have all day/night happy hour, and Gringos has all-night \$8 margarita pitchers.

Wednesday:

At The Brick, you can get \$10 bottles of wine or \$1 off drafts during dinner and late night hours. You can return to Amici for the same specials as Monday night, with happy hour starting at 10 p.m.

Thursday:

From 10 p.m. to midnight, Amici has \$2 domestic drafts, or if you’re in the wine mood, you can head over to Gringos for \$10 bottomless wine. The

wristband also lets you drink bottomless wine at Aubri Lane’s.

Friday:

At Amici, you can get half-price bottles of wine or \$1 off martinis, and at Gringos, you can pay \$10 for bottomless margaritas from 10 p.m. to midnight.

Saturday:

Ladies, head on over to Amici for ladies night, where you and the gals can get \$3 wells and martinis.

Sunday:

Round out the weekend with \$2.50 mimosas, \$3.50 “manmosas” and Bloody Marys at The Brick. Or, build your own Bloody Mary or mimosa at Amici for \$3. Amici also offers \$6.50 domestic pitchers and \$8.50 microbrew pitchers.

If you’re feeling more of a night in, stop by a liquor store and stock up on your favorites, and be sure to keep a savvy eye out for sales. Senior Management major Rebecca Reed advises buying large bottles of your spirit of choice when they’re on sale to save money. Gil’s Package Store usually has several deals and specials going on at once, such as their current (and highly recommended) \$13 for three bottles of Barefoot wine.

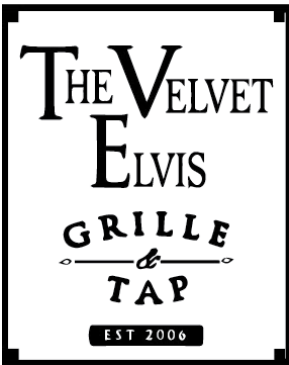
To save money, graduate student Brittan Edwards recommends brewing your own beer instead of buying traditional six or 12 packs. You can read more about on brewing your own beer on page 6.

And a friendly reminder: stay safe, drink responsibly and please remember to always tip your bartenders.

HAPPY HOUR

BUFFINGTON'S

Happy Hour at Buffington’s lasts from 3-7 p.m. daily, where you can get \$2 wells or \$1 off drafts or liquor. And every night, you can get \$2 shots or \$2.50 wells from 10-11 p.m.



Velvet Elvis has happy hour daily from 4-7 p.m. They offer \$1.50 drafts and wells or \$2 glasses of wine.

The BRICK

You can get \$1 off drafts or wells from 3-6 p.m. Monday-Friday, and \$2 shots and \$3 bombs 10 p.m. to 2 a.m. Monday-Thursday.

Tried and brewed

it's like the Short List, but with Andrew Podo's favorite beers



Andrew Podo @podostick

Orpheus Brewing's Atlanta

There’s no place like home. Dorothy Gale’s wisdom applies to all things in life, namely my favorite thing - beer. Atlanta’s Orpheus Brewing makes, without a doubt, the best beer in the Southeast. Sure, Asheville probably has a better brewing scene, and I love Terrapin, but their tart plum saison blends everything I love about Atlanta and beer. A hint of sweetness, a whole lot of sour funkiness and a mildly spicy finish blends oddities with the comforts of home.

Allagash White

Sweet malts, slight hoppy hints of grass, flowers, honey and the wonderfully smooth yeasts make Portland, Maine’s Allagash White my favorite Northern beer. The Belgian-style witbier blends wilderness and civilization, reminding you of sunny summer days spent lazily canoeing along gently flowing rivers.

Rogue Brewing American Amber Ale

Sierra Nevada Pale Ale

If it ain’t broke, don’t fix it. The age-old adage applies beautifully to California’s Sierra Nevada brewery. The historic craft brewery does the classics well, and no beer shows it better than their pale ale. The hoppy, crisp and refreshing brew is a staple across the country, and for a damn good reason.



New Belgium Fat Tire

You never forget your first love and I’ll never forget my first Fat Tire. It was that malty, bready, caramel-colored ale that transformed me into a connoisseur of barley, malt and hops. The beer itself is simple, unchallenging and unassuming, but it offers something that no other beer can: the comforting memory of sitting on the worn sofa with my father, hunched over the pine coffee table and yelling while watching the Falcon’s game.

DEAR READERS,
PLEASE DRINK RESPONSIBLY
LOVE,
THE COLONNADE

Alcohol safety tips

- | | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| 1. Know your limit & plan ahead. | individuals who do not wish to drink. | alcohol you will be having. |
| 2. Eat food before and while you drink. | 8. Keep track of how many drinks you are consuming. Space your drinks. | 14. Alcohol and sex do not mix — drunken sex is not consensual sex. |
| 3. Sip your drink (slow down). | 9. Drink for quality vs. quantity. | 15. Careful what you combine, most drugs and alcohol do not mix well. Be sure to read all warning labels. |
| 4. Skip a drink now and then and substitute with non-alcoholic drink (another great tip is to have a glass of water with your drink, and sip on that between sips of your drink). | 10. Avoid drinking games. | 16. If you are pregnant, might be pregnant or attempting to become pregnant do not consume any type of alcoholic beverage. |
| 5. Beware of unfamiliar drinks. | 11. Plan ahead for transportation — don’t drink and drive! | |
| 6. Appoint a designated driver. | 12. Never accept a drink from someone you don’t know. | |
| 7. Respect the rights of | 13. When ordering a drink at the bar, watch the bartender make your drink so you can know how much | *from http://www.preventionlane.org/ |

'Beer Bill' to benefit breweries



Andrew Podo @podostick

The “Beer Jobs Bill,” created by state Sen. Hunter Hill, a Republican, went into effect over the summer, officially allowing Georgia’s growing craft beer industry to move forward and reach more customers.

Georgia’s craft brewing

industry is expanding. There are nearly 40 breweries statewide. The new bill allows the craft brewers to charge for tours and offer beer as a free souvenir. Customers cannot consume more than 36 ounces of beer at the brewery, but they can take up to 72 ounces (the average six pack) home.

While the law reverses laws that prohibited craft brewers from selling

directly to customers, it is a somewhat softer version of the law many had hoped for. Prior to the bill, beer makers relied on wholesalers to distribute their beer to customers. Even though many originally hoped to sell larger quantities of beer directly to consumers, the new legislation removes Georgia from a list of three other states that do not allow direct sales.

Know Your Beer:

A beginner’s guide to the basics of brews



Katie Skogen
@gcsunade

There’s more out there than Bud Light pitchers and PBR tallboys. Craft beers have become a growing sensation in the past five years and continue to gain popularity. In order to become a true beer enthusiast, one must first know the basics of beer. We’ve broken down the categories of beer to help make you a true beer aficionado.

BLONDE ALE

Moderately mild beer;
Pale to deep gold color;
Typically all malt brew;
Light to medium bitterness;
Light bodied;
Typically 4% - 7% ABV

Beers To Try
Knockout Blonde
Lawson’s Finest Liquids
(American Blonde Ale) 6.10% ABV
Hoptober Golden Ale
New Belgium Brewing
(American Blonde Ale) 6.00% ABV



IPA



Beers To Try
Tropicalia
Creature Comforts Brewery
(American IPA) 6.50% ABV

Two Hearted Ale
Bell’s Brewery, Inc.
(American IPA) 7.00% ABV

India Pale Ale;
Hoppy beer style;
Medium bodied with a high bitterness;
Ranges from pale golden to reddish amber colored;
Typically 5.50% - 7.50% ABV

PORTER



Moderately heavy beer;
Hint of sweetness;
Typically contains chocolate flavors;
Made with brown malrs;
Typically 4% - 7.5% ABV

Beers To Try
Morning Wood
Funky Buddha Brewery
(American Porter) 12.00% ABV

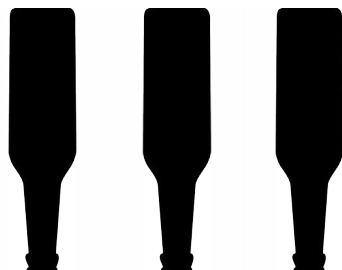
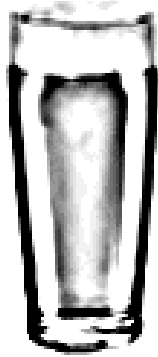
Imperial Donut Break
Evil Twin Brewery
(American Porter) 11.50% ABV

Alaskan Smoked Porter
Alaskan Brewing Company
(American Porter) 6.50% ABV



LAGER

Mild flavors with a crisp finish;
Pale to golden color;
Conditioned at lowest temperatures before consumption;
Typically 2% - 5% ABV



Beers To Try
Throwback Lager
Victory Brewing Co.
(American Lager) 5.40% ABV

Bearpaw Honey Lager
Whistler Brewing Co.
(American Lager) 5.00% ABV

Marathon
Athenian Brewery
(American Lager) 5.00% ABV

PILSNER

A type of pale lager;
Medium to medium-full bodied;
Fresh pilsner will have a dense, white head;
Contain floral aromas and a dry, more bitter finish;
Typically 5.00% ABV



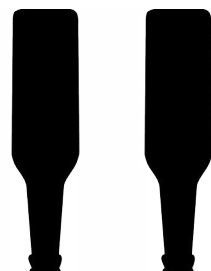
Beers To Try

Mary
Hil Farmstead Brewery
(German Pilsner) 5.30% ABV

Two Women Lager
New Glarus Brewing Company
(German Pilsner) 5.00% ABV

Reality Czeck
Moonlight Brewing Company
(Czech Pilsner) 4.80% ABV

Jack Straw
Fat Head’s Brewery & Saloon
(Czech Pilsner) 5.20% ABV



BROWN ALE

Beers To Try
Moe’s Bender
Surly Brewing Company
(American Brown Ale) 5.52% ABV

Indian Brown Ale
Dogfish Head Brewery
(American Brown Ale) 7.20% ABV

Extremely Naughty Goose
Goose Island Beer Co.
(American Brown Ale) 8.60% ABV

Malty and sweet, more full-bodied;
Typically contains coffee or nut flavors;
Typically 4.00% - 7.00% ABV

STOUT

Heavy, full-bodied beer;
Roasted, not malted;
Heavy roasted flavors such as coffee and chocolate;
Dark in color;
Typically 4% - 7% ABV



Beers To Try
God Complex
The North Brewery
(American Stout) 7.00% ABV

Breakfast Stout
Backcountry Brewery
(American Stout) 4.40% ABV

Feast of Fools
Magic Hat Brewing Company
(American Stout) 6.00% ABV

DRINK RECIPES

The Colonnade staff advocates drinking at a safe rate, so we collaborated drink recipes for 21-year-olds to enjoy at a healthy pace, for those under 21, certain drinks can be made without alcohol

GRATEFUL DEAD

An easy drink dedicated to an easy-listening band.

- 1 oz tequila
- 1/4 oz light rum
- 1/2 oz vodka
- 1/4 oz gin
- 1 oz DeKuyper razzmatazz liqueur
- 1 oz sour mix



Build all ingredients in shaker with ice. Shake and pour into a tall glass. It should be a trippy, purple blue color. The razzmatazz flavor will make it sweet, and easy to sip.

MOJITO

This minty, sweet drink goes down smooth, but don't be surprised if you order one and the bartender gives you a serious death stare. We genuinely do not like people who order mojitos on a busy night.



- 1 1/4 oz light rum
- 2 oz soda water
- 2 tsp sugar
- 1/2 oz lime juice
- 6 mint leaves
- 3 lime wedges, cut in half

Muddle sugar, mint leaves and lime wedges in a shaker. Add rum, ice and lime juice. Shake and pour into tall glass. Top with soda water and garnish with lime wedge.

(Muddling is essentially mashing the ingredients together in the bottom of the shaker to ensure they flavor is taken out of the mint and lime wedges. You don't want to create a nasty mush, just enough to extract the juices. It can be done with a spoon, but a muddler is preferred.)

WHITE RUSSIAN

The idea of mixing coffee creamer and liquor can be intimidating, but if The Dude drinks them, I can get down with the idea. And if you don't like them, well, you know, that's just, like, your opinion man.

- 1 1/2 oz vodka
- 1 oz Kahlua
- 2 oz creamer or milk

In a short glass, pour ingredients over ice. Stir gently. This is a drink you want to look "swirled."



LONG ISLAND ICED TEA

For those drinkers that don't care what your drink tastes like.

- 1 oz vodka
- 1 oz light rum
- 1 oz gin
- 1 oz tequila
- 1 oz triple sec
- 2 oz sour mix
- Splash of Coke

Mix all alcoholic ingredients in shaker. Shake and pour into glass. Top with sour mix and then Coke. Garnish with lemon.



MOSCOW MULE

I'm not generally a vodka fan, but drinking out of the cute, copper mug is convincing enough to take on this super refreshing mix of lime and vodka.

- 2 oz vodka
- 1 oz fresh lime juice
- 5 oz ginger beer
- Mint & lime garnish

Fill the copper mug with ice. Pour vodka, lime juice and beer directly into mug. Stir to combine the ingredients. Garnish with lime wedge & fresh mint.



(Or you can make a Kentucky Mule, which uses Jim Beam instead of vodka for us whiskey lovers)

FROZEN MUDSLIDE

Because when you're a stressed out college student nothing sounds better than ice cream and alcohol mixed.

- 1 1/2 oz Kahlua
- 1 1/2 oz vodka
- 1 oz Baileys
- 2 scoops vanilla ice cream
- Chocolate syrup
- Whipped cream

In a tall glass, rim chocolate syrup around the sides of the glass. In a blender mix ice cream, Kahlua, Baileys and vodka until smooth. Pour into glass and top with whipped cream.



OLD FASHIONED

Although you will NEVER see a college student drinking one, every good bartender needs to know this one for when dear old dad visits. Or if you're going through a serious "Mad Men" phase and feel inspired.

- 2 oz rye whiskey
- 2-3 dashes Angostura bitters
- 1 sugar cube
- Orange slice & cherry garnish

Lightly muddle sugar, bitters and a splash of water in short glass. Add ice, the less the better. Pour whiskey over mixture and stir. Drop the orange slice into the drink and garnish with two cherries.



SEX ON THE BEACH

This one can be made as a shot or as a drink; nonetheless it's every white girl's go-to when they don't want to taste their alcohol, but it, did it really happen?

- 1 1/2 oz vodka
- 1/2 peach schnapps
- 2 oz cranberry juice
- 2 oz orange juice
- Orange slice & cherry garnish

Mix all ingredients in shaker. Shake and pour into tall glass. Garnish with orange slice and maraschino cherries.



COSMOPOLITAN

For the girls who don't order the Sex on the Beach.

- 1 1/4 oz citrus vodka
- 3/4 oz Cointreau*
- 1/2 oz lime juice
- 1 oz cranberry juice
- Lime twist for garnish

Mix all ingredients in shaker. Shake vigorously and strain into martini glass. Like the martini, this is served straight up, with no ice. Garnish with a lime twist over the rim.



STRAWBERRY DAQUIRI

This fruity drink is easy for days at the beach, or lounging around at the pool. There's fruit in it, so it has to be healthy, right?

- 2 oz Bacardi Limon
- 4 oz strawberry puree
- Splash of lemonade

Pour all ingredients into blender with ice and blend. Garnish with a lime wedge.



MARGARITA

An easy, classic drink, but with my personal twist to create the perfect margarita. Make it on the rocks, frozen margaritas aren't real margaritas.

- 2 oz Patron Reposada (or any gold tequila - I get it, you're on a budget)
- 1 oz Grand Marnier (Grand Gala is 1/2 the price, and close to just as good)
- 1/2 oz agave nectar
- 2 oz fresh lime juice
- Splash of Orange Juice

Build all ingredients in shaker with ice. Shake. Salt your rim. Pour into margarita glass. Garnish with lime wedge. Adding flavors is always fun too. My favorites are pomegranate or red grapefruit juice.



BLOODY MARY

Don't buy the mix, please just don't. Make it with the ingredients individually and this hangover-curing drink will do the trick with a way tastier kick.

- | | |
|--------------------------------|------------------------------------|
| 4 oz tomato juice | 2 tbsp hot sauce |
| 2 tbsp lime juice | 2 drops olive oil |
| 1/2 tsp. black pepper | 2 oz vodka |
| 1 tbsp cilantro | Celery and green olive for garnish |
| 1/2 tbsp. Worcestershire sauce | |

Mix all ingredients together in shaker. Pour into tall glass. Garnish with celery and green olives. Bloody Marys are fun because you can garnish them with almost anything. Some people put bacon, cherry tomatoes, black olives, etc. You can really just go crazy with this one.



MIMOSA

This cocktail is the perfect amount of fruity and sweet, and can only be drank with a brunch of fine fruits and crepes.

- 2 oz champagne
- 3 oz orange juice

Serve straight up in a champagne flute.



DEAD TURTLE

A Milledgeville classic, but I don't think we realize how harshly people judge us when we explain we're ordering them a shot with pickle juice and hot sauce.

- 1 oz vodka
- 1 oz pickle juice
- 1 oz hot sauce

Shake and strain into shot glass.



(A traditional martini uses gin, but vodka is becoming more popular. Dirty martini means to add olive juice to vodka mixture. A dry martini means dry vermouth, instead of sweet. Adding flavors such as lemon or pomegranate is also popular.)

MARTINI

Jack Torrence's drink of choice, martinis are interesting drinks because they can be made about a million different ways. Dry, dirty, lemon-drop or pomegranate, this drink does the job in the most classy glass.

- 2 oz vodka or gin
- 1/2 oz vermouth

First, pour ice and soda water in martini glass and let chill for a few minutes. The glass being cold is essential. Next, dump soda water and ice and splash vermouth into glass. Swirl it around and toss out any extra. In a shaker, shake vodka with ice until very chilled. Strain into glass, making sure no ice gets into the glass. Garnish with green olive.

RED WINE SANGRIA

This sweet mix of wine and fruit is usually made by the pitcher and enjoyed at bridal showers or a bunch of girlfriends getting together.

- | | |
|--------------------------------------------------|----------------------------|
| 1 bottle red wine, preferably cabernet sauvignon | 3 oranges, sliced |
| 1/2 cup brandy | 2 lemons, sliced |
| 1/4 cup triple sec | 1 cup strawberries, sliced |
| | 1 cup peaches, sliced |

Mix all ingredients well in a pitcher. Cover and refrigerate for about 3 hours to let all the flavors mix in. You can really add any fruits you want. The best part is eating the alcohol-drenched fruit after all the juice is gone.





Haley Sheram @gcsunade

Drinking alcohol is a favorite pastime of many college

and similarities, in the drinking culture in Europe. Even with the drinking age three years younger than in the United States, the trend to drink under age is still strong across Europe.

Friends from Ireland and England would go out to the town race track or farm and drink around 14-years-old. A German friend told of her experience with underage drinking. This is a right of passage for young teenagers, similar to that of young high schoolers in the States.

University (not college, mind you) life is a bit different as well. Since drinking is legal for most incoming freshmen, school-sponsored parties and campus bars are almost commonplace. Instead of an innocent Week of Welcome with team bonding activities and sexual assault prevention seminars, first weeks at European schools have pub crawls and house parties.

Europeans don't drink to get drunk. They don't play hardcore drinking games.

students, but a lot do not realize the calorie intake of a single alcoholic beverage. For instance, a 12 pack of Bud Light contains 1,320 calories, and a double Whopper with cheese and a medium fry from Burger King is 1,350 calories.

According to Livestrong.com, one 10-ounce drink of whiskey and Coke is around 195 calories.

When consuming multiple drinks the calories

can quickly add up and easily cause weight gain.

Not to worry, though. There are plenty of low-carb, low-calorie alcoholic beverage options that are still enjoyable and easy to make.

Bartenders downtown will gladly suggest and make healthier, low-calorie options.

Senior accounting major Rachel Leff is a bartender at the Velvet Elvis, and her

suggestion of a healthy cocktail is vodka, water and a splash of lime juice. Leff also suggests Michelob Ultra for a low-carb beer.

Some students are not only watching their calorie intake, but may also have an intolerance to gluten. Senior international marketing major Dani Bonet bartends at The Brick and said that Tito's Vodka is probably the healthiest vodka option, and it is gluten free.

Vodka is not the only healthy option for liquor. Gringos bartender and sophomore marketing major Alex Adams suggests a Skinny-Rita margarita for a healthier tequila drink choice.

The Skinny-Rita contains two ounces of 1800 silver tequila, three ounces of water, half of an ounce of agave nectar, one ounce of Splenda, one

ounce of sour, one ounce of orange juice and two limes.

Counting calories is not the only downfall to drinking alcohol; spending money on drinks can be, too. To save some money, it is fun and easy to make drinks from the comfort of a home.

For wine lovers, a glass or two of a skinny white wine cocktail can do the trick. The recipe from The Weary Chef calls for three or four fresh, diced strawberries, one-fourth lime, two ounces of white wine and an unsweetened, lime-flavored seltzer such as La Croix.

With the small ingredient list and little preparation time, the skinny white wine cocktail can be made on a low budget and enjoyed at home, instead of having to venture out downtown.

tbh (and I'm always h



Angela Moryan @traveling_ang

Italian wine, limoncello and spritz are all Italian drinking delicacies that I had the opportunity to try in my summer Italian adventure this year.

Since the legal drinking age in Italy is 18, I was able to have my first sips of adulthood in a foreign country (yet still under my parents' supervision).

I walked onto my Atlanta-bound flight knowing for certain that I liked only one alcoholic drink my entire seven-week stay in Italy. No matter what my international or American friends say, everything just tastes the same, bitter and unpleasing.

But that's beside the point. What amazed me more was the differences,

They rarely compete against each other in drinking contests. Going out for drinks is a social activity.

Once the 21st birthday comes along, the excitement of drinking has dulled. I witnessed this personally when my friends decided they wanted to see me drink my first adult beverage at a club one night. They practically ran to the bar, they were so excited because, as they put it, they hadn't known someone who was going to have their first drink in years.

And the administrators at the Università di Milano served all us students Italian sparkling wine for an end of the course celebration and took us on a field trip to a local place that makes handmade limoncello that smells deceptively sweet as it packs a strong punch.

Even though both are westernized cultures, the drinking habits and cultures have subtle but strong differences. Who's to say which is better?

Georgia College Theatre & Dance Present

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The Gay Marriage Plays



GC's Russell Auditorium

Wednesday Sept. 30 - Saturday Oct. 3
at 8 p.m. & Sunday Oct. 4 at 2 p.m.

\$5 for students

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Guide to Georgia Breweries

ONE TERRAPIN BEER CO

Terrapin was the brainchild of John Cochran and Brian "Spike" Buckowski. In April 2002, Terrapin graced the craft beer community with its first product. The Rye Pale Ale.

Six months after the company's inception, it had already made a name for itself by winning the American Pale Ale Gold Medal at the 2002 Great American Beer Festival. Athens, Georgia was

an easy place to return for Cochran, a former UGA graduate. Spike and John knew from the beginning that the home base should be as diverse as the products in which they were hoping to create.

Both Athens and Terrapin alike are possess a great love for music, are committed to the environment, and practice living life to the fullest.

What better place to call home than Athens? Year-Round Brews:

Terrapin Rye, Golden Ale (only in Georgia), Hopsecutioner, Liquid Bliss, RecreationAle, and

HI-5.

"I'm a big fan of Terrapin's Moo Hoo. The brand has a killer aesthetic with great tasting beers, and it's from my home state of Georgia. What's not to love?" said Payton Collier, senior environmental science major.

Tours:

Terrapin Beer Co. is open to the public for tasting & tours every Wednesday-Sunday. Hours of operation may vary by day.

For more information, visit online at terrapinbeer.com

TWO SWEETWATER BREWING CO

SweetWater Brewing Company was founded February 17, 1997 after Freddy Bensch and Kevin McNerney left the University of Colorado, Boulder.

The two roommates gravitated to Atlanta for the Olympics and immediately realized that the city was in need of a West Coast style brewery.

After a time spent wandering around Atlanta in an old van, the two were eventually pointed in the direction of Virginia Highlands where a few

bars were willing to take a chance on them.

In 2004, SweetWater relocated to a 25,000 sq. ft. warehouse in Midtown Atlanta. The brewery has the capacity to brew up to 400,000 barrels of beer per year.

Every spring, SweetWater puts on the SweetWater 420 Fest, An annual musical event held in Atlanta on the weekend that falls closest to Earth Day. Past performers include: Snoop Dogg, Thievery Corporation, Cage the Elephant, Cold War Kids, and many more. Year-Round Brews:

420, Blue, IPA, Georgia Brown, Take Two Pils, Hop Hash. "Their IPA is my personal favorite," said Jackson Taylor, senior geography major. "It has big flavor, but doesn't fill you up."

Tours:

Open to public Wednesday-Sunday. Hours of operation may vary by day.

For more information, visit online at sweetwaterbrew.com

THREE CREATURE COMFORTS

Athens' newest brewery was the result of three experienced individuals, all hailing from separate, yet respectable companies in the Atlanta area coming together. David Stein, Adam Beauchamp, and eventually Chris Herron.

Creature Comforts is located in a 13,000 sq. ft. historic warehouse building in downtown Athens. A building which has had many purposes, including a Chevy Dealership in the early 1940's and later becoming the Snow Tire Co. until

Creature Comforts moved in and made it their home.

Year-Round Brews:

Bibo, Tropicália, Reclaimed Rye, Athena.

"I love the cosmik debris," said Connor Smith, senior outdoor education major.

"It's the smoothest double IPA I've ever had. It takes your taste buds on a voyage that defies space and time. I personally enjoy how involved the company is with its community. With

a small, tight-knit group of employees that are striving to maintain the history of Athens through their building. The fact that they chose to leave the old snow tire company logo on their building sets them apart."

Tours:

Open to public Tuesday-Saturday. Hours of operation may vary.

For more information, visit online at creaturecomfortsbeer.com

FOUR RED BRICK BREWING CO.

Founded in 1993 by former Guinness executive, Greg Kelly, Red Brick Brewing Co. is Georgia's oldest operating craft brewery.

The company began in a small red brick building in 1993 and remained there until moving locations in 2006.

Red Brick has participated in several collaboration projects, arguably the most popular being the collaboration with Vortex Bar and Grill

in Atlanta.

In 2010, Atlanta Brewing Company officially changed its name to what is now Red Brick Brewing Company.

Legend has it that the company took its name from a speech that the Atlanta mayor gave shortly after Sherman torched the city during the civil War. Allegedly the mayor said, "The city will rise from the ashes like a phoenix" and be rebuilt "one red brick at a time".

Year-Round Brews:

Hoplantia (American IPA), Laughing Skull (American Amber Ale), Hibiscuwit (Belgian Witbier), "Casual" Session IPA

Tours:

Open to public Wednesday-Sunday. Hours of Operation may vary.

For more information, visit online at redbrickbrewing.com



Jacob Garrett @gcsunade





Flashback to GC in the 80s

Assistant entertainment editor Kelsey Richardson sits down with her parents to discuss what life was like for GC students in the early 80s



Kelsey Richardson
@gcsunade

Imagine a time when open container laws were non-existent and freshmen could legally drink.

A time when student affairs hosted events with beer trucks and bars were filled with dancing instead of sitting and standing. This radical time flourished in the 80s at our very own Georgia College.

Freshmen entered college, leaving the comfort of their parents' homes to a wild threshold of partying, legal drinking and unfortunately, high DUI rates.

"Animal House" premiered and brought a wave of influence over

GC's party scene. It inspired rowdier parties, more togas and higher alcohol consumption.

Downtown's popular bar, Butches, even hosted "beat the clock nights." From 7 to 7:30 p.m., students bought beer for a nickel. The price continued to double every half hour.

"Bad games like that would make people totally wasted," said Andy Richardson, an early 80s graduate and GC alumnus. "They probably don't have things like that anymore because it promotes drunkenness."

The old women's center, also known as Beeson, took on a different name in the 80s. The building was a male dorm infamously titled "The Beeson Abusers." The dorm's reputation of alcohol and drug use sparked the

notorious brand.

Unlike most dorms where drinking was prohibited, Beeson magically managed to deflect the attention of public safety. Residents threw raging parties and passed out fliers to students throughout campus. They illegally charged students entrance fees to help with the overflow of alcohol.

The dorm's best spot "Beeson Beach" was an area on the roof containing lawn chairs overlooking main campus.

"Guys would sit on Beeson's roof, beer in hand, and yell at girls passing by," said Susan Richardson, an early 80s graduate and GC alumna. "I was one of those girls."

Despite the drastic differences between now and the 80s, the downtown

scene remained similar. Even in the 80s, GC held its suitcase school reputation, making Thursday the night to party. Downtown only had two places worth going to during the nighttime: The Opera House and Butches.

A disco dance floor lit up The Opera House, making it a hot spot for dancing and for GC's disco dance class to take exams. Despite the Opera House's appeal, students preferred the dirty, homely atmosphere of Butches. The popular bar had personality and history that couldn't be replaced by its clean alternative.

"I don't know if our times were more fun," Susan Richardson said. "I do wish there were more dance places; it's just way more fun than a bar where you just sit around and drink."



Experience Oktoberfest



Kelsey Richardson
@gcsunade

Oktoberfest: one of the world's largest festivals, attracting over six million people a year for 16 days of beer drinking, lederhosen wearing and wiener schnitzel feasting.

The first Oktoberfest took place in 1810 as a

wedding party for the Bavarian Crown Prince Ludwig and Princess Therese von Sachsen-Hildburghausen. The party's festivities lasted from Oct. 12 to Oct. 17 and ended with a horse race. The celebration turned into a yearly festival and moved to start in September because of the preferred warmer weather conditions.

Oktoberfest's roots lie in Munich, Germany

and have expanded to multiple locations across the globe. Most festivals consist of traditional German food, attractions and beer. Festival goers can almost always expect to find barrels of beer on tap served in giant steins.

For those wanting to get the true German Oktoberfest experience, fly to Munich and experience 310,000 square meters of blue and white diamond

flags, overflowing steins of beer and girls dressed in dirndl.

Helen, Georgia provides a local, cheaper alternative to celebrating the German festival. As one of the largest Oktoberfests in the states, the small German town offers a myriad of beer, food, polka dancing and live music. Helen's Oktoberfest lasts from Sep. 17 to Nov. 1 and offers free admission on Sundays.

Drinking alternatives



Makayla Hays
@gcsunade

Some nights simply are not for drinking. Or maybe you just don't drink.

Although we're no Atlanta, Milledgeville is, honestly, what you make of it. With some good friends and definitely some good food, a Saturday night spent sober is just as fun as drinking. So what are alternatives to drinking here in Milledgeville?

The downtown scene: Food, food, food. Many of these restaurants are open late, so grab some friends and get nachos at Barberito's. Grab some fried chicken and biscuits at the Golden Pantry at midnight. And just because you don't want to drink, doesn't mean you can't go to the bars. Go to the bars just to hang out. Dance at Capitol.

The dorm scene: There's almost always something going on in the dorms,

from movie nights to game nights to video game tournaments. Cards against Humanity is a classic. Set up a slack line or an ENO hammock outside. If you're alone, Netflix will always be there for you. Sleeping too—never throw out that option. CAs will throw random events at the dorm as well.

The Milly scene: If you're willing to spend a little money, there's laser tag, bowling and skating, and usually you can get a discount with a student ID. Along with these activities, there's also the movie theater. You can never go wrong with breakfast food, and Waffle House, as we all know, is open 24/7 — same with iHOP. If you don't want to touch your wallet, hang out at the greenway, or go watch the sunset in a field.

You can make a weekend fun without a cup in your hand, and it's (usually) cheaper too. Your weekends are pretty much what you make of it.

Weekends: more than just drinking



Andrew Podo
@podostick

Those two (or three) glorious days without obligation to wake up on time, sit through class and worry about the ever-looming threat of coursework are meant to be enjoyed and cherished. While many students may not believe it, there's always something fun, cheap and memorable to do on those days.

With the crisp fall days

on their way, there are few things more sublime than grabbing a hammock or blanket and heading down the road to Bartram Forest. Take a trek down the walking trails, or grab your bike and enjoy the changing foliage. The Oconee River Greenway provides another scenic destination to spend the autumn afternoons.

To get a bit more in tune with nature, go to the dam; bring some binoculars, and admire the ospreys, red-tailed hawks and great blue herons. If you're lucky, you



Photo Courtesy of Eric Day
Assistant news editor Andrew Podo canoes in Northern Maine.

can spot one of few the bald eagles native to the area.

On those not so nice days, head over to Baldwin Bowling Center and channel everybody's favorite Jeff Bridges' flick. Hang out, kick back and

knock down those pins. Just watch out for nihilists.

If the bowling alley fails to strike your fancy, there's always the world-famous Milledgeville Mall. After doing a few laps around the local shopping center, take

a trip to Macon or Atlanta to hit some of the larger stores in the areas. If you're up for the 45-minute drive to Macon, the Shoppes at River Crossing offer a surprising amount of variety. Or, you can drive a bit longer to check out the high-end shopping in Atlanta.

To save a bit of money, the movies are always a nice option. Milledgeville's movie theater always has a few of the big name flicks, but if you've made the trek out of town, there

are a variety of movie theaters showing budget flicks, foreign movies or blockbuster action films. Daring film enthusiasts can travel 100 miles to see independent masterpieces at Landmark Theaters Midtown Art Cinema.

Don't forget that there's always a way to have fun at home. Watch a movie, play a board game with your roommates or make a fancy dinner for that special someone. Only boring people get bored.

DAILY SPECIALS

Mon: XLarge one topping pizza for \$10
Trivia starts @ 9pm

Tues: 2 for Tuesday's
Corn Hole starts @ 11pm

Wed: Wing Nite @ 4:30pm
Happy hour after dark starts @ 10pm

Thur: 1/2 off Apps from 9-10pm
FREE Live Music starts @ 11pm
\$2 Domestic Drafts from 10-12

Fri: Friday Dinner Specials
\$1 off Terrapin Drafts
1/2 Bottles of Wine

Sat: XLarge pizza for price of Large
Ladies Night @ 10pm \$3 drinks

Sun: Wing Day starts @ 2:30pm
\$6.50 Domestic pitchers
\$3 off Craft brew pitchers

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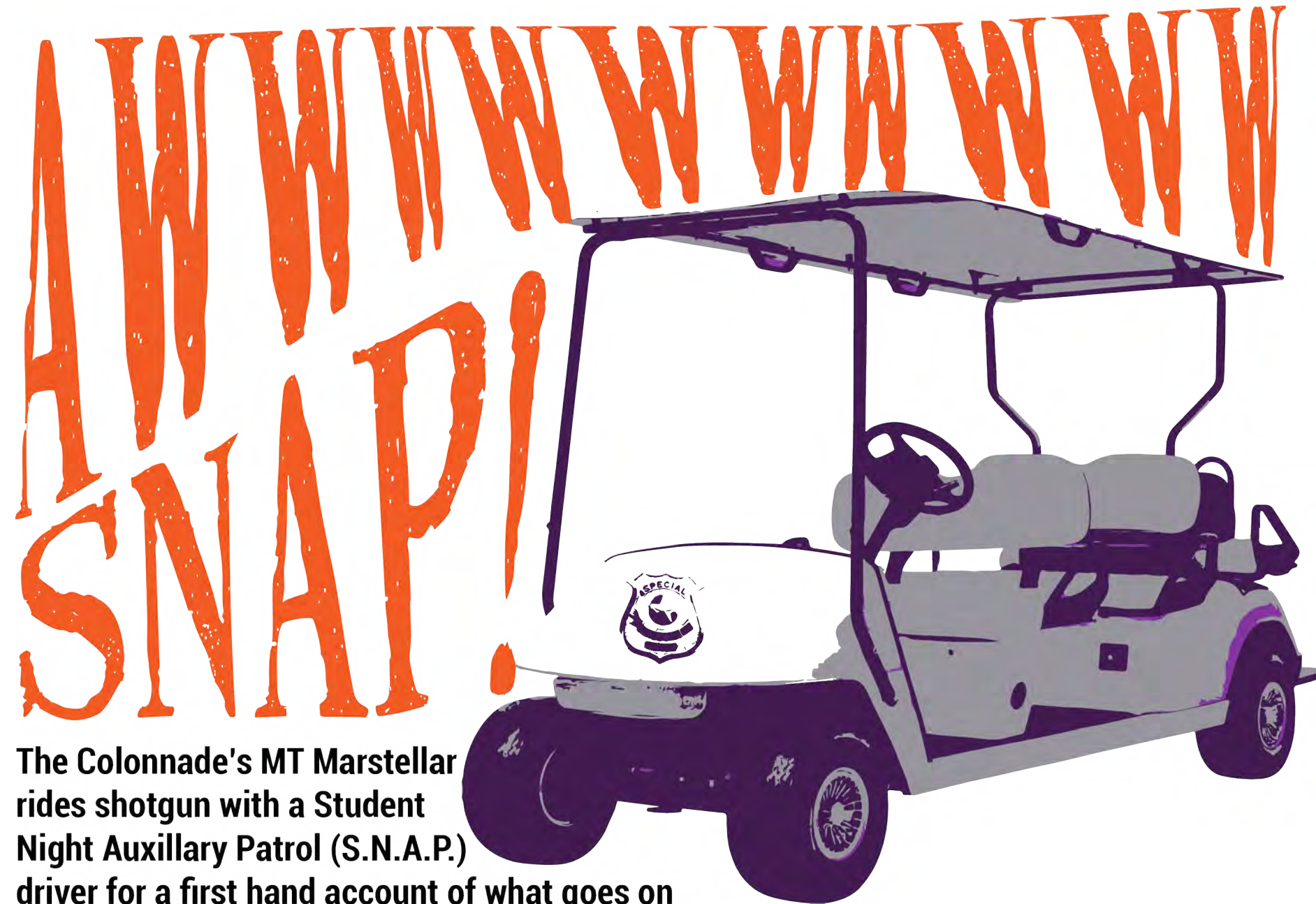
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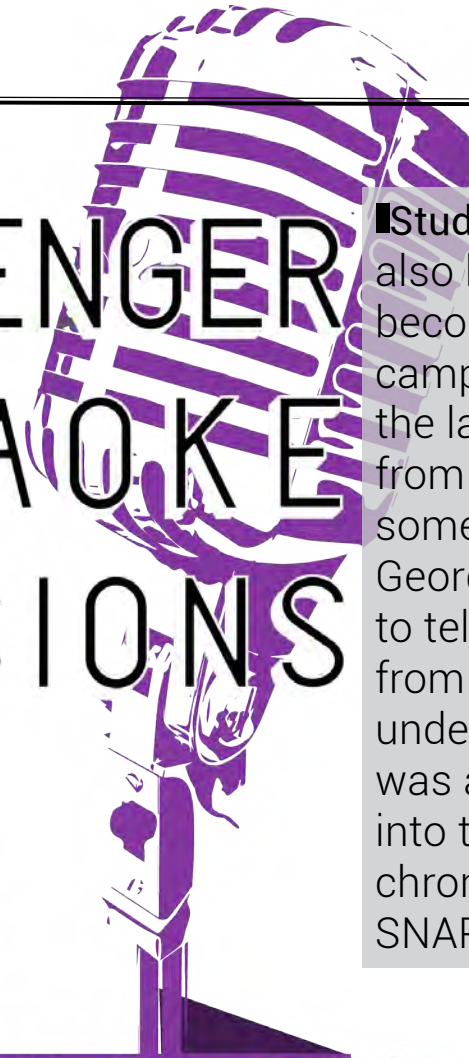


The Colonnade's MT Marstellar rides shotgun with a Student Night Auxiliary Patrol (S.N.A.P.) driver for a first hand account of what goes on behind the wheel of a S.N.A.P. cart on a given Friday night

MJ's cart took 26 calls that night



PASSENGER KARAOKE SESSIONS five JOB INQUIRIES



Student Night Auxiliary Patrol, also known as SNAP, has become a staple form of campus transportation over the last several years. Aside from convenient transportation, some of the best stories that Georgia College students have to tell seem to have originated from SNAP rides. To completely understand what all of the fuss was about, I inserted myself into the equation. Below are the chronicles of my ride-along with SNAP on a typical Friday night.



MT
Marstellar

The night began promptly at midnight at the Hall House, the new headquarters for both SNAP and public safety. Security Supervisor Shea Zuber explained how SNAP is currently in the process of expanding. Now employing 21 officers, SNAP runs seven days a week, running five carts on Thursday, Friday and Saturday nights until 3 a.m.

"Safety is our number one priority for our riders" said Zuber, a senior early childhood development major.

After the tour, we headed off to a brand new, still unnamed, 6-seater cart that SNAP has acquired to replace Bertha, another beloved 6-seater cart that rode out her final days earlier in the semester. This new cart is the fastest cart that SNAP possesses, and man does it fly.

From Hall House, we

went off to pick up the first of our 26 calls of the night. No sooner had we turned onto the road, I heard a very loud, audible "SNAAAAAAPPPPP" from students as we drove by. This would become a common phrase of passersby for the evening.

Our first group of passengers hopped on the cart and immediately began inquiring about how they too could become SNAP drivers because it seemed like "the coolest job on campus." That was the first of five job requests of the evening.

The next call we picked up was a priority call. Zuber explained that single person calls and campus locations receive priority over calls for the Old Courthouse.

The next hour of the shift was spent picking up students from the Old Courthouse and delivering them back to their homes. During this hour, song ideas for the portable speaker that was accompanying us became a regular request. This led to six karaoke

sessions among the passengers, as well as four snapchat selfie requests.

After 1:30 a.m., the call list became surprisingly light for the fact that it was a Friday night and that the night fell in conjunction with fraternity bid day parties.

This gave me time to talk to other SNAP drivers about how they feel about their job.

"Being a SNAP driver is the best job on campus," junior biology major Lauren Cryder said. "The best part is all the people I get to meet, from my awesome coworkers to the people I meet when I pick up."

The remainder of the evening was fairly slow, with calls tapering off around 2:30 a.m. At 2:50 a.m., Zuber radioed me in as the last "1059" (the code for a ride that has arrived at their destination) and gave her officers the okay to head back to Hall House to end another successful night of SNAP rides.

SNAP not only provides a safe means of transportation for students downtown, but also around campus in general.

"I really like SNAP because it is convenient to have transportation to and from campus. I also really like the factor of safety that it adds to traveling around Milledgeville at night", said Hannah Shirley, a sophomore early childhood education major.

With all of the controversy surrounding the shootings that have taken place near campus over the last few months, Georgia College students can rest assured that SNAP is here to take them safely to where they need to go.

#selfie requests

for SNAP drivers





OUT OF SIGHT
OUT OF MIND?



Abigail
Dillon
Senior, Mass
Communica-

A picturesque suburban neighborhood, green lawns, friendly neighbors and a house full of wholesome items describe my childhood. Not once did I ever see a dark glass bottle or a can that wasn't some kind of soda. Alcohol was not present or talked about in my house. When I was in seventh grade, I distinctly remember in seventh grade my parents being offered a glass of wine at their friend's house. I had never seen my parents drink alcohol before or even discuss it, so seeing this trading of glasses tore my heart in two. I bawled my eyes out, causing an awkward scene for my parents. Fast forward five years, and I was on my way to college. No parents, no rules or checking in from family members, so I took this opportunity to experience college nightlife. During my freshmen year, I did not

go too "hard." However, sophomore year was a completely different story. There were several nights that I went over-the-top, embarrassed my friends, exposed myself and acted a fool. Now as a senior, I am finally drinking responsibly. I'll have a drink while doing homework or while having a girl's night with friends. I know my limit. Unfortunately, I could've saved myself from a lot of blurred nights, but I didn't. Yes, we all have to take some form of Alcohol Edu when we enter college, but many students do not heed that information. Our school also has repercussions for underage drinking. If caught, Georgia College makes students attend more Alcohol Edu classes. But, is it really doing anything? Change starts by hitting rock bottom or friends/family reaching out. Everyone's rock bottom is different. For me, it was completely undressing myself with my male best friend, and falling down, causing my friend to pick me up while I was unclothed. Needless to say, it wasn't my proudest moment. Nevertheless, I

have changed. I really wish my parents had introduced alcohol in my house before my freshman year. Immersing myself in college with no knowledge of drinking, except the scraps that high school health classes taught, provided no help. I am not saying my parents should have let me drink underage, but instead of ignoring the presence of it in the world, they should have encouraged me to talk about it. There is a group of people who have always had alcohol present in their lives, but still have those crazy nights. There are many negative consequences of drinking, but you can also have a fantastic night. Alcohol in safe quantities and safe environments can be an enjoyable time. Whether you are of age or not, have an accountability partner. Since April, I am finally of age, and my parents still don't allow me to drink at home. If my parents don't see me do it, I don't think they believe I partake in it. As far as I am concerned, I will be doing things differently when I have children. For now, be safe Bobcats, and drink responsibly.

The next morning:
How to not be hungover



Derek
Roberts
Senior, Mass
Communica-

Hangovers, they're like your girlfriend's parents. You hate having to deal with them, yet having to deal with them is inevitable. Nothing is worse than having the time

of your life, partying all night and then waking up feeling like Chuck Norris roundhouse kicked you in the face. It's all fun and games when you wake up and you're still buzzed, but once the hangover sets in, you start preaching the famous claim, "I'm never drinking again." However, let's not forget, hangovers

keep you modest. They're there to remind you of last night's mistakes. But have no fear; there are several things you can do to help prevent hangovers, or at least reduce the severity of them. And, if that doesn't work, there are also multiple ways to combat your hangover the next morning.

How to avoid hangovers:

- Eat a balanced meal before you start drinking.
- Make sure you're hydrated before you start drinking.
- Stay away from sugary drinks.
- Don't chug drinks.
- Consume only one alcoholic drink per hour.
- Don't mix different types of liquor.
- Don't take shots. One shot leads to two shots.
- For every alcoholic drink you consume, drink a glass of water.
- Don't pass out as soon as you're done drinking.
- After you're done drinking, eat something.
- At the end of the night, drink more water.
- Go to bed early enough to get six-eight hours of sleep.

How to combat hangovers:

- Hit the snooze button. Go back to sleep.
- Drink some water as soon as you wake up.
- After the water settles, drink some Gatorade of your choice.
- Take a BC Powder.
- Take a multivitamin.
- Eat. Greasy foods help coat the lining of your stomach.
- Drink more water. Hangovers=dehydration.
- Exercise, and sweat your toxins out. It sucks, but it's worth it.
- If you have to puke, then puke. Don't hold it in.
- Drink more water.
- Get some potassium; eat a few bananas.



COLONNADE
BAR REVIEWS

The Colonnade staff reviews bars in downtown Milledgeville based on their experiences during college



"I'm original. Like everybody else."

"Deadturtles."

"The Norm plays there; therefore, I go there."

"Go Downtown. Look for Colonnade co-workers. Go to Buffington's immediately."

"Where you know you'll see every student from your Mass Comm classes, ever."

"Can we go smoke a cigarette in the alley?"

"~HiPsTeR~"

"I have \$18. *Pulls out calculator* How many PBRs can I get with \$18?"

"My second favorite bar-second only to the alley behind Buffs."

"I can't sing, but I'm a pro at swaying to Bohemian Rhapsody."



"It's where you go when you tell everybody you like beer, but you really don't."

"I feel like the layout of the bar is hard for events. Like, if The Norm is there, I don't want to fight with an awkwardly placed pillar to see Bryan and Ryan."

"I go there for the live music."

"The bartenders are cute."

"Terrapin on deck. Not that expensive either. That's a winner in my book."

"They've got some really groovy bands there, man."



"I was in there once. It was like I got punched AND slapped in the face with a cigarette."

"Don't have a cigarette? Just breathe in the air. Almost the same thing."

"Cheap beer."

"This is low-key a great bar. Like, it's so chill."

"They just want to shoot pool and drink Old Milwaukee."

"Don't put your beer can on the pool table."

"Honestly, my favorite place. Beer, no college kids and pool. What else could you ask for?"

THE BRICK.

"Easiest trivia in Milledgeville- makes me feel good about myself."

"TBH, I danced on a table at Sounds of the South last year. It broke."

"SWEET TART SHOTS"

"Oh my gosh, shots are only \$2!"

GRINGOS.

"Margaritas. Queso. I dig it."

"I don't understand how that itty-bitty place has live music. Like, I feel like their max people limit is two."

"Late. Night. Queso. Never forget."

"I love margs."

"I feel like I should be drinking Dos Equis at all points in time."

CAPITAL CITY.

"Ehhhh."

"Afroman is the best thing they have going."

"You know it's an interesting night when you end up there until closing"

"I danced on a table at Capital one time. That's embarrassing"

AUBRI LANES.

"I hear there's a bank vault for a wine cellar. So, if you steal a bottle of wine, will you be charged with bank robbery?"

"Aubris makes me realize I haven't bought new clothes in a while."

"I always feel so underdressed here. Even if all the guys are wearing croakies, boat shoes, and Izod polos. I still just feel like I should be in a 3-piece suit."

"Fish bowl--easiest way to make friends with strangers."

"Cute bartenders here, too."

VELVET.

"I'm not frat enough to be at Velvet."

"Too frat to care."

"\$2 glasses of wine during happy hour are bae."

CHOPS.

"Apparently there's a back entrance. Traverse carefully."

"I've actually ONLY pooped in Chops. Like, that's it."

"Too many freshman boys."

"They need to install a ramp-- definitely not drunk and handicap friendly"

DRINKING STEREOTYPES

Girl writing about guy stereotypes

Greer McCosh

Wine- "Even though this wine came from a box that cost under seven dollars, I have more class than you. At least I want you to think I do. Because really behind this glass half-filled with bitter, red liquid, I'm still only dreaming of the day when I can look down on people at my annual Christmas Eve soiree."



Beer- "I'm a simple, social guy who appreciates quantity more than quality. Although my humble Natty Light may not seem like much, I can still chug, funnel, sip or shotgun it. I can have one or two beers just to let loose after class, or have twenty on a Thursday night. Because when it comes to beer, let's be honest... the more the merrier!"



Margarita- "I wanted an excuse to eat tacos, order a pitcher of something and potentially get away with wearing a sombrero in public. I love to have fun as I unknowingly clog my arteries with all the extra salt I add to my drink. In reality, margaritas are just a gateway to the real fiesta... straight tequila shots."



Whiskey Coke- "Whiskey makes me feel like I will always have a good story to tell. It makes me feel like I have power, class and wit, just like all the other great whiskey-coke-drinking men before me. Ignoring the fact that I take a hardcore dark liquor and completely soften it with a high-sugar beverage that instantly invites horrible headache that awaits me in the morning, I find my ego growing just to be known as a 'whisky-drinker.'"



Shots- "I secretly hear L.M.F.A.O. chanting 'shots' as I quickly toss back a Jaeger-Bomb or something questionable that is undoubtedly blue. I never really know what's in the tiny cup, and frankly, ignorance is probably bliss. I'm normally a shy guy when sober, so shots are a social excuse to share. But no matter how many shots I take or give away, you can always count on me to be game for another round."



Long Island Iced Tea- "I'm not going to lie... I originally didn't know there wasn't any tea in this, but I'm strangely hooked. Although, it kind of makes me feel like a suburban-mom who's going out on a Friday night with her girlfriends, cheers to deceiving drink names. Tonight should be fun!"



Girls writing about girl stereotypes

Katie Skogen & Taylor Hembree

Wine: "I'm a classy b***h. There's a difference between sippin' on wine and getting wine drunk. Girls that sip wine are classy and girls that get wine drunk are fun. These are the kind of girls that care what they look like, they watch their calories. No beer guts for them. Props to you, ladies. You can tell who's a wine veteran...girl's drinking Moscato don't know shit, Try the Cabernet. (try a glass of cab)"



Beer: "Like's to drink with guys. A dude's kind of girl. Likes to tailgate at football games and would rather be drinking than putting on makeup to go out. Beer-snobs are hard to find. PBR, Bud Light, Coors and Miller are the top picks. She's not hard to please. This is your kind of girl because her drinks don't cost a lot. They're the best. A pitcher of beer and a glass of wine cost about the same, and although you wouldn't drink a pitcher on a candle-lit date, these girls aren't looking for that romance anyway."



Margarita: "These girls wanna get turnt. You drink tequila when you're looking for a good time. You can never drink just one. The only people who don't like margs are the ones who have a bad tequila story, usually from spring breaks. Best served with mexican food, during the summer and on a patio. #basic."



Whiskey coke: "These girls really don't give a shit. Usually double fisting with a PBR or Bud Light. Not your basic girls' drink. Just the best. Don't care about calories, can share a handle with their guy friends and probably has an obscure piercing and a tattoo. These girls are edgy and are always looking for a good time."



Shots: "LOL. SHOTS. These girls scream karaoke at the top of their lungs. It never stops at one. The most flirtatious girls. The girl you look to when you don't want to pay for your next round because she offers to buy the whole bar one. Definitely here to party."



Long Island Iced Tea: "50-year-old women drink Long Island Iced Tea. Not the most popular drink at the bar, but popular enough to keep it a classic. It's got five different alcohols in it, so there's bound to be a taste you like somewhere. Not the first drink that these girls order...usually comes later in the night...after a couple of drinks, or a lot of drinks."





THE COLONNADE

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